

worship, repent,  
fast, and pray

a study of  
**PSALMS**

connecting  
the heart  
of the reader  
to the heart  
of God

### **Psalms 1**

<sup>1</sup> Blessed is the one

who does not walk in step with the  
or stand in the way that sinners take  
or sit in the company of mockers

<sup>2</sup> but whose delight is in the law of  
and who meditates on his law day

<sup>3</sup> That person is like a tree planted by  
which yields its fruit in season  
and whose leaf does not wither

*Psalms of*  
**TRUST**

## **Psalms 23** <sup>NIV</sup>

<sup>1</sup> The LORD is my shepherd, I lack nothing.

<sup>2</sup> He makes me lie down in green pastures,  
he leads me beside quiet waters,

<sup>3</sup> he refreshes my soul.

He guides me along the right paths for his name's sake.

<sup>4</sup> Even though I walk through the darkest valley,  
I will fear no evil, for you are with me;  
your rod and your staff, they comfort me.

<sup>5</sup> You prepare a table before me in the presence of my enemies.  
You anoint my head with oil; my cup overflows.

<sup>6</sup> Surely your goodness and love will follow me all the days of my life,  
and I will dwell in the house of the LORD forever.

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