A Study of

Ephesians

Ephesians 4:17-19 NIV

So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

Darkness of Mind

Hardness of Heart

Recklessness of Life

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Ephesians 4:20-24 NIV

That, however, is not the way of life you learned
21 when you heard about Christ and were taught in him
in accordance with the truth that is in Jesus. 22 You
were taught, with regard to your former way of life, to
put off your old self, which is being corrupted by its
deceitful desires; 23 to be made new in the attitude of
your minds; 24 and to put on the new self, created to
be like God in true righteousness and holiness.

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In Jesus, there is hope of becoming a *new* you.

Workshop

Put Off

Put off your old self, which is being corrupted by its deceitful desires.

Put On

Put on the new self, created to be like God in true righteousness and holiness.

Workshop Example 1

Honesty

Ephesians 4:25 NIV

Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

Workshop Example 2

Anger

Ephesians 4:26-27 NIV

"In your anger do not sin": Do not let the sun go down while you are still angry, [27] and do not give the devil a foothold.

Workshop Example 3

Theft

Ephesians 4:28 NIV

Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

Workshop Example 4

Speech

Ephesians 4:29-30 NIV

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Workshop Example 5

Forgiveness

Ephesians 4:31-32 NIV

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Ephesians 4:22-24 NIV

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