



# Our God, who Blesses

**Genesis 1:27, 28** NASB

So God created man in His own image..., God blessed them...

**Ephesians 1:3** NASB

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,





# God of the Universe

## Thank You!

Thank You that You really do love me! Even when I don't feel it,  
You love me!

Thank You that You love to bless people, to do good to us!  
Thank You that I experience Your blessings and kindnesses  
every day!





# God of the Universe

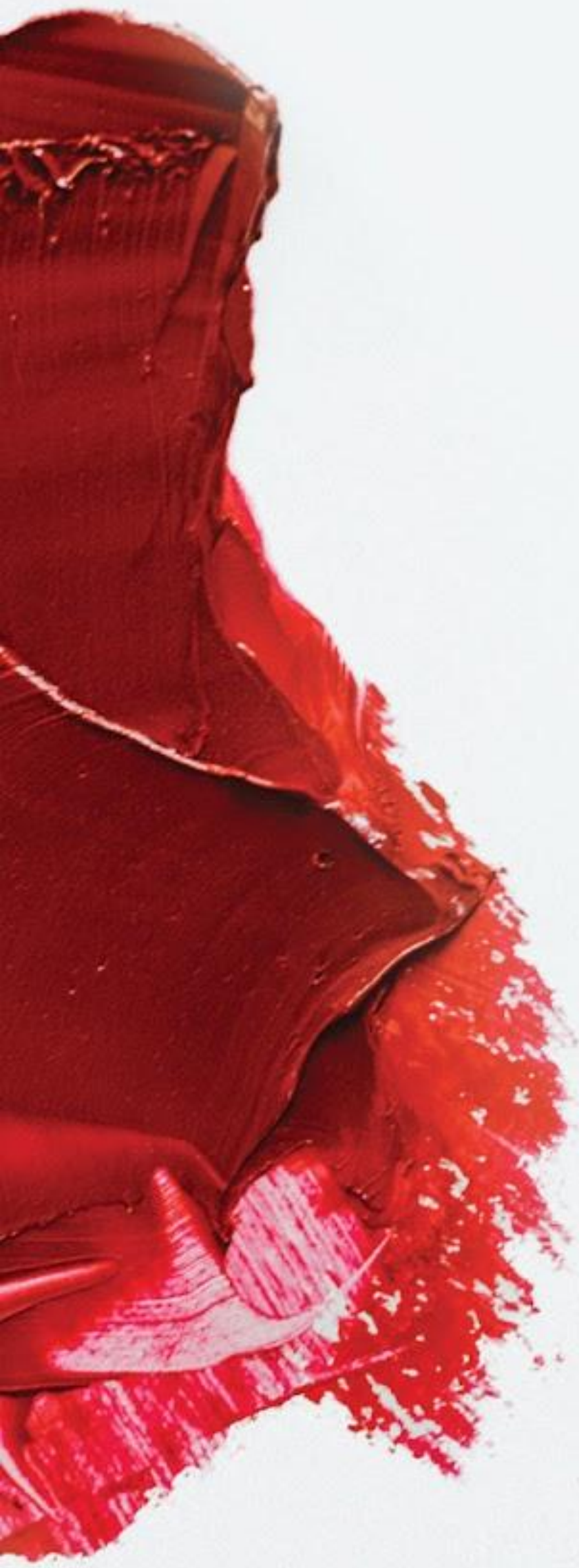
## Thank You!

Thank You, that because of Jesus Christ, I have been blessed with every spiritual blessing in the heavenly places! I am:

- **chosen by You** because **You want me!**
- **adopted into Your family** because **You want me!**
- **a recipient of Your lavish grace** every day!
- **redeemed by Jesus' blood!**
- **forgiven all my sins** against You and others!
- **sealed as Yours** by Your Holy Spirit!









Week One

## Who we are in Christ



A Study of  
**Ephesians**







**Ephesians**

- |    |  |    |  |
|----|--|----|--|
| 01 | Who we are in Christ (1:1-14)                | 07 | Unity in the body of Christ (4:1-16)     |
| 02 | Who Christ is in us (1:15-23)                | 08 | Living in the body of Christ (4:17-32)   |
| 03 | A People made alive in Christ (2:1-10)       | 09 | Living as children of the Light (5:1-21) |
| 04 | A People made one in Christ (2:11-22)        | 10 | Marriage in Christ (5:22-33)             |
| 05 | The mystery of God’s plan in Christ (3:1-13) | 11 | The household in Christ (6:1-9)          |
| 06 | The depth of God’s love in Christ (3:14-21)  | 12 | Spiritual battle in Christ (6:10-24)     |





### **Ephesians 3:10-11** NIV

His intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms, <sup>11</sup> according to his eternal purpose that he accomplished in Christ Jesus our Lord.



01

# Who we are in Christ

Ephesians 1:1-14





**Ephesians 1:1-2** NIV

Paul, an apostle of Christ Jesus by the will of God, To  
God's holy people in Ephesus, the faithful in Christ Jesus:  
<sup>2</sup> Grace and peace to you from God our Father and the  
Lord Jesus Christ.





**Ephesians 1:3** <sup>NIV</sup>

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.





For he chose us **in him** <sup>1:4</sup>

In love he predestined us for adoption to sonship **through Jesus Christ** <sup>1:5</sup>

his glorious grace, which he has freely given us **in the One he loves.** <sup>1:6</sup>

**In him** we have redemption **through his blood** <sup>1:7</sup>

he made known to us the mystery of his will... which he purposed **in Christ** <sup>1:9</sup>

to bring unity to all things in heaven and on earth **under Christ** <sup>1:10</sup>

**In him** we were also chosen <sup>1:11</sup>

And you also were included **in Christ** <sup>1:13</sup>

you were marked **in him** with a seal, the promised Holy Spirit <sup>1:13</sup>





**Every spiritual blessing from the  
Father comes to us through the Son.**







## The Father

The Son

The Spirit

## Ephesians 1:4-6 <sup>NIV</sup>

For he chose us in him before the creation of the world to be holy and blameless in his sight. In love <sup>5</sup> he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—<sup>6</sup> to the praise of his glorious grace, which he has freely given us in the One he loves.





**Predestination:**

God choosing which individuals will believe?

God choosing to seal the choice people make?

God choosing the destiny of those who believe?

God choosing to save a group made of those who believe?







## The Father

The Son

The Spirit

## Ephesians 1:4-6 <sup>NIV</sup>

For he chose us in him before the creation of the world to be holy and blameless in his sight. In love <sup>5</sup> he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—<sup>6</sup> to the praise of his glorious grace, which he has freely given us in the One he loves.







The Father

**The Son**

The Spirit

### **Ephesians 1:7-10** NIV

In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace <sup>8</sup> that he lavished on us. With all wisdom and understanding, <sup>9</sup> he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, <sup>10</sup> to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.





The Father**The Son**

The Spirit

**Ephesians 1:11-12** <sup>NIV</sup>

In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, <sup>12</sup> in order that we, who were the first to put our hope in Christ, might be for the praise of his glory.







The Father

The Son


**The Spirit**

**Ephesians 1:13-14** <sup>NIV</sup>

And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, <sup>14</sup> who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.







**God chose**  
**God predestined**  
**God adopted**  
**God lavished grace**  
**God redeemed**  
**God made known**  
**God sealed**

We heard  
We believed





Week

01

**Take a week to count  
your blessings.**





<b>Sunday</b>	God chose you
<b>Monday</b>	God adopted you
<b>Tuesday</b>	God lavished grace on you
<b>Wednesday</b>	God redeemed you
<b>Thursday</b>	God forgave you
<b>Friday</b>	God marked and sealed you with his Spirit

